

Sorry, there's no Café Church in June, instead there will be an informal family service at 10am



Next Café Church
Sunday 7th July



Pop Up Coffee Shop

Wednesday 15th May

10am - 11.30am in the church

Real coffee and home made cake

(Next Pop Up Coffee Thursday 20th June)

Everyone Welcome! Holy Trinity Church

Thank you so much to everyone who supported our plant sale in so many ways. We made an amazing £1150!



Saffron Walden and Villages Team Ministry

Rogation Team Service on Sunday 26 May
4pm at Holy Trinity, Littlebury

Relaxed and informal, activities for all ages
Refreshments

Rogation Sunday, when we seek God's blessing on the emerging growth of our crops in the fields around our villages, is also an opportunity to give thanks for our community, the beautiful countryside in which we live, and to think about our own responsibilities as stewards of God's creation.

Speaker -The Revd Janet Nicholls

Agricultural Chaplain and Rural Adviser to the Diocese of Chelmsford.

All Welcome!

We look forward to welcoming back to Littlebury **the University of London Chamber Choir** conducted by Colin Durrant **on Sunday 23rd June at 4pm in the church.**

Littlebury Parish Prayer Cycle
Fridays @ 9.30am

A short informal service of morning prayer with readings and prayers to which everyone is welcome, and following which coffee is available

17th May Holy Trinity, Littlebury

28th May St. Peter's, Littlebury Green

Subscribe to weekly bible readings @ bible.camvillages.uk

Have pity on us!



Cross-References



*Jesus
heals
ten
lepers*



Jesus Heals Ten Men With Leprosy

Luke 7: 11-19 (New International Version)

11 Now on his way to Jerusalem, Jesus travelled along the border between Samaria and Galilee. 12 As he was going into a village, ten men who had leprosy met him. They stood at a distance 13 and called out in a loud voice, "Jesus, Master, have pity on us!"

14 When he saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed.

15 One of them, when he saw he was healed, came back, praising God in a loud voice. 16 He threw himself at Jesus' feet and thanked him - and he was a Samaritan.

17 Jesus asked, "Were not all ten cleansed? Where are the other nine? 18 Has no one returned to give praise to God except this foreigner?" 19 Then he said to him, "Rise and go; your faith has made you well."



Today's activities

1. Ten lepers people

chain. Jesus healed ten lepers but only one came back to thank him. Cut out a chain of ten people and show which is the one who said "thank you".



2. Decode what the lepers said.

Look carefully at the code and translate the symbols to find out who said what...



3. Thank you, Jesus, for...

Think carefully about all the things you have to thank Jesus for. Choose one or two of them to write on a cut-out heart and stick it on our banner



4. For the little ones -

Free play up by the altar.

5. More coffee and cake !

Littlebury Arts Festival Weekend 1st & 2nd June

As part of Littlebury Arts Festival, Holy Trinity Church will be transformed into a 'blooming' paradise with foliage foraged from gardens and hedgerows. Do pop in to buy some of the plants you may see on your travels around the village and its gardens and admire the artistry in this ancient building - from stained glass windows and frescos to stone masonry, carved heads and Minton tiles. The church will also be running the barbecue at the village hall both lunchtimes, so do drop by and grab a burger.



Leprosy

Leprosy is a mildly infectious disease associated with poverty. It is easily cured. Leprosy starts by damaging the small nerves on the skin's surface resulting in a loss of sensation. Without the gift of pain, everyday activities are fraught with danger. Unnoticed burns and ulcers can lead to permanent disability. Due to the inability to detect grit in the eye, blindness is a common consequence of leprosy.

Leprosy starts by damaging the small nerves in the skin's surface. The first outward sign is usually discoloured patches where there is no feeling. If treated at this early stage, damage or disability is unlikely.

If left untreated, leprosy goes on to damage the large nerves in the elbow, wrist, knee and ankle. The resulting damage can lead to loss of sensation in the hands and feet and muscle paralysis, which causes clawed fingers and foot drop. Loss of sensation in the hands and feet means everyday activities are fraught with danger - burns go unrecognised and stones in shoes unnoticed leading to ulcers developing. These can be difficult to heal and become infected, often leading to the shortening of fingers and toes or ultimately, amputation of limbs.

An effective cure for leprosy has been available since 1982 in the form of multidrug therapy - a combination of three drugs taken daily for six to 12 months. But while treatment halts the progression of this cruel disease, it cannot turn the clock back in terms of disability. A clawed hand or foot drop can be restored with surgery. Surgery, however, cannot restore the feeling to hands and feet meaning they can become easily injured. Protective footwear can be worn to reduce the chances of injury and of ulcers developing. The blinking mechanism

can also be restored to the eye by surgery. But once eyesight has been lost as a result of injury to the eye, nothing can be done to reverse the situation.



The Leprosy Mission

is an international Christian development organisation that diagnoses, treats and offers specialist care, including reconstructive surgery, to leprosy patients. Its aim is to transform and empower the lives of people affected by leprosy.

Leprosy is a disease of poverty and as well as providing healthcare, they offer rehabilitation, education, vocational training, small business loans, housing and fresh water supplies and sanitation to tens of thousands of people each year. They provide a springboard to restored health, self-sufficiency and renewed hope. Services are provided regardless of religion or ethnicity, promoting equality and social justice.

Widely believed to be the world's oldest disease, leprosy is also one of the world's most stigmatised. A specialist approach is required to educate, encourage and empower people to stand up for their human rights. Age-old stigma surrounding leprosy sees entire families robbed of their job opportunities, education, marriage prospects and their dreams shattered.

Fears and misunderstandings surrounding leprosy, such as the disease being a curse for some alleged misdeed, are widespread. In turn they fuel a vicious circle that begins with those affected hiding the first suspect skin patches in order to avoid being shunned by their families and becoming a social outcast.

The Leprosy Mission is a global charity working closely with staff in around 30 leprosy-endemic countries in Asia and Africa to provide and evaluate a range of different projects that help transform the lives of leprosy-affected people.

To find out more, or to make a donation visit www.leprosymission.org.uk

